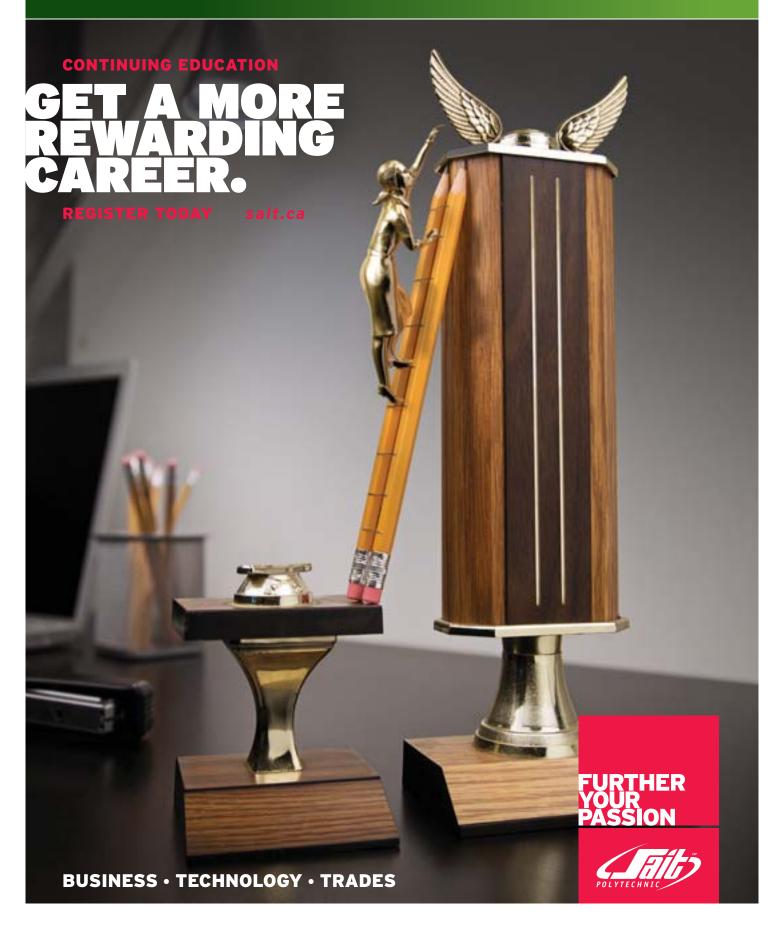


Tuesday, August 17, 2010 www.metronews.ca





If you have new goals, it's time to acquire new skills. SAIT Polytechnic offers a wide variety of continuing education options to suit people with big aspirations, and busy schedules. Our evening, weekend and distance learning programs are designed and taught by experienced instructors who are focused on getting students ahead in their careers.

The following is just a sample of the great programs that SAIT offers for individuals looking to further their career, or begin a new one. For a more comprehensive list, visit us at sait.ca. And just a heads up: you can register now for fall courses.

BUSINESS ADMINISTRATION

Whether you see yourself crunching numbers, debating the merits of a new brand campaign or simply finding a positive outlet for your over-the-top organizational skills, we've got a program that will work for you. Our wide array of business programs offers in-depth training in accounting, management, marketing and administration.

Accelerated Accounting Certificate and Diploma

Develop the problem-solving skills needed to be a successful accountant. You can start with our 10 course Certificate program and then complete the Diploma while you put your learning into practice on the job. And for all those students who aspire to a professional accounting designation, you can rest assured our courses are recognized by both CGA and CMA.

Forum for International Trade Training (FITTskills) Certificate and Diploma

This program offers you the education you¹Il need to advance your international trade career and succeed in the new global business market. It's offered in conjunction with the Forum for International Trade Training (FITT). In total the FITTskills program consists of eight courses, which can be taken either as a series or individually, whatever suits your schedule best.

Administrative Applications Certificate of Achievement

This program is designed to help career-minded individuals meet the changing needs of today's office environment. You will develop the skills in communication, office technology and accounting needed to excel in the modern workplace.

Business Computer Certificate of Achievement

Learn the skills to work more effectively in today's technically savvy workplace environment. This Certificate offers a hands on learning environment taught by experts in the field and covers a range of Microsoft applications, including Word, Excel and PowerPoint.

Legal Administrative Assistant Certificate of Achievement

This recently re-designed Certificate program offers the training needed to prepare you for administrative work in the legal field. Learn about basic legal concepts and theoretical and procedural law in the areas of general litination, real estate, and corporate law.

Management Certificate of Achievement

This program is designed to enhance skills in leadership development, marketing essentials, organizational behaviour and financial management that are sought by today's employers. All courses are recognized by the Alberta Apprenticeship and Industry Training Board for a Blue Seal designation.

Marketing Certificate of Achievement

Learn the fundamentals of marketing, management, advertising, selling and effective communication. Students may customize their courses to meet their learning needs. All courses are recognized by the Alberta Apprenticeship and Industry Training Board for a Blue Seal designation.

INFORMATION TECHNOLOGIES

SAIT programs will enable you to gain the skills you need to excel in the high demand Information Technology industry. You can improve your technical skills or learn new ones. Because whatever your goals, you can rest assured we have a program designed with your needs in mind.

IT Security Certificate of Achievement

Learn how to keep a network and data safe from online predators. From perimeter security to desktops, we'll show you how you can ensure that information stays private. You'll learn how to protect against internal and external threats, safeguard information systems and keep business network systems running smoothly.

Virtual Systems Management Certificate of Achievement

With the Virtual Systems Management Certificate you will learn how to implement this energy saving technology. This green technology means cutting energy cost, space requirements and waste.

Database Administrator Fast Track*

The Database Administrator program offers you a well-rounded and industry supported curriculum through the integration of technical and business requirements. It will prepare you for challenging and exciting opportunities in the Information Technology field. Begins September 2010.

Object Oriented Software Developer Fast Track*

The Object Oriented Software Developer program teaches students first-rate software development skills in an astonishingly short period of time. You'll go from introductory concepts to advanced techniques. Begins September 2010.

ACADEMIC UPGRADING

Pursue new career opportunities by enrolling in Academic Upgrading courses in English, mathematics and the sciences. Offered during the day, evening and online, Academic Upgrading courses help you get accepted into SAIT programs. They may also be accepted for admission by other Alberta post-secondary educational institutions.

ENGLISH LANGUAGE FOUNDATIONS

SAIT prepare new Canadians and international students for success in a SAIT career program or employment. The program focuses on enhancing proficiency in English speaking, pronunciation, listening, reading and writing.

English language and communication courses at

CONSTRUCTION

Instructors with real-world experience give students an advantage when looking to further their career or get started in a new field. Our programs focus on giving students the hands-on training that will ensure they have everything they need to excel.

Process Piping Drafting Fast Track*

The Process Piping Drafting program helps you develop design skills and practical knowledge of processing equipment and project specifications. Designed around the natural gas processing field, the program covers piping systems common to many related fields, such as oil and gas pipelining, petroleum refining, oil sands, petrochemical, pulp and paper, fertilizer and food and beverage processing. Begins November 2010.

AVEVA PDMS

During this course, you will produce 3D Process Equipment and Piping Design using the AVEVA PDMS Design Module. From P&IDs you will be able to create and manipulate 3D models of all the significant parts of a process plant, allowing you to simulate a detailed model, including elbows, tees, flanges, valves, vessels, exchangers and pumps and pipe routes.

Building Green with LEED

Develop a working knowledge of core concepts and strategies to reduce the environmental impact of the built environment in Canada. This course highlights how these core concepts and strategies can be used in various LEED rating systems and provides a comprehensive overview of techniques, approaches, materials and technologies used in creating greener buildings and communities.

REVIT Architecture Fundamentals

Revit Architecture Fundamentals will enable students to create full 3D architectural project models and set them up in working drawings. The course is focused on design development tools – building the 3D model with walls, windows, doors, floors, roofs and stairs and creating reflected ceiling plans and furniture plans.

Masters Code and Applied Theory

You will benefit significantly if you wish to advance your knowledge in electrical design or engineering in residential, commercial or industrial sectors. The course covers the Canadian Electrical Code, Alberta STANDATA, Industry Training Act, Electrician and Apprentice Regulations, O.H.S.A., WCB and Permit Regulations.

PETROLEUM, POWER ENGINEERING AND INSTRUMENTATION

Geographically, SAIT couldn't be better located. Calgary's economy depends on the oil and gas sector, which means employers are always on the lookout for talented, ambitious minds to help further the industry. Our programs are designed with this in mind, ensuring that our students have the training they need to succeed in their careers.

PLC ControlLogix Certificate

This Certificate specializes in teaching students to design, connect, program and troubleshoot industrial control systems. The courses are intended for those who have previous training on other PLC Control Applications. You will train on the Allen-Bradley ControlLogix platform using RSLogix 5000 software or the PLC version 5 platform.

Power Engineering

This program provides the knowledge you require to safely operate and maintain low-pressure and high-pressure boilers, power-generating equipment, heating, ventilation, air-conditioning systems, diesel engines, compressors and motors. Power Engineering training is available from Fifth Class to First Class and is integrated with ABSA.

Process Systems Certificate of Achievement

The Process Systems Certificate courses will provide you with an introduction to feedback control as used in the process control industry.

Unconventional Petroleum Certificate

The Unconventional Petroleum Certificate offers five courses designed to provide an in-depth look at the specific technologies and techniques used by the unconventional petroleum industry.

Upstream Petroleum Industry Certificate

This excellent multi-disciplinary program is a great choice if you to increase your working knowledge of all the technical aspects of the oil and gas industry. Those already in the industry and students from ancillary industries can also increase their technical understanding of the very dynamic energy business.

Accounting-Oil and Gas Production (CAPPA Certificate) Fast Track*

Developed in conjunction with the Canadian Association of Petroleum Production Accounting (CAPPA), this program provides students with a thorough knowledge of petroleum products in addition to an understanding of the industry's financial practices and government regulations. Begins November 2010.

*To be accepted into a Fast Track program, you must apply to full-time studies at sait.ca. SAIT Fast Track programs accelerated full-time programs ranging from four to 10 months in length. Small class sizes and a curriculum tied to industry needs are additional advantages of Fast Track study.









Tuesday, August 17, 2010 www.metronews.ca



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Social standing does matter

• While many of Calgary's mayoral candidates have websites, Twitter accounts and Facebook pages, some are using social media more effectively than others

When it comes to social networking, mayoral candidate Naheed Nenshi has the edge, according to one civic observer.

DJ Kelly, a political blogger and communication professional, said only a few candidates understand how to properly utilize the Internet.

"The main reason why (Nenshi is) using it the best is because he's engaging in active conversations," said Kelly.

Kelly also noted candidates Jon Lord

"I think it's fair to say that if a candidate doesn't have a website, no one will take them seriously."

DJ KELLY

and Paul Hughes are using tools such as

Twitter effectively.

Although social networking has become a vital part of campaigning, it may

not be overly effective in engaging voters. said Bruce Foster, chair of the department of policy studies at Mount Royal Universi-

"While (social media) is important, you're also targeting the segment of the voting population that traditionally has the lowest (voter) turnout," said Foster, adding many people who use social media fall into the 18- to 35-year-old age group.

Russia. Numbered ► An activist protests in downtown Moscow yesterday.

Protesting road

Activists were protesting the cutting down of a forest for highway construction in a Moscow suburb. The number 67 written on the demonstrator's forehead allegedly shows the percentage of Moscovites who oppose plans for clearing the centuries-old oak forest in Khimki.

Canada

chemicals inside you

Study finds Canadians have everything from bisphenol A to lead and mercury in their systems • Some experts not concerned (page 4)

Jill gets back to making music

Alberta-born actress sings from the heart {page 10}



More Hollywood drama for **Mel Gibson**

Embattled star crashes Maserati into Malibu hillside {page 12}

7 things you need at the gym

Just a towel doesn't do it anymore (page 14)

Jose, can you see the fastball?

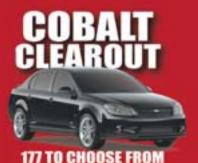
46-year-old Canseco signs with minor league club {page 19}

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No	10000			Available	1000 AND DESCRIPTION OF THE PERSON OF THE PE	Rebates	Price	Bonus	Bonus
P100457	2010	BUICK	ENCLAVE	5 from	\$54,020	\$2,000.00	\$47,658	\$1,500.00	\$1,500.00
P100490	2010	BUICK	LACROSSE	9 from	\$34,695	\$0.00	\$32,133	\$750.00	\$1,500.00
C100356	2010	CADILLAC	CTS	10 from	\$50,670	\$1,500.00	\$45,724	\$3,000.00	\$1,500.00
C101006	2010	CADILLAC	ESCALADE	4 from	\$95,410	\$6,500.00	\$79,015	\$3,000.00	\$1,500.00
C101122	2010	CADILLAC	SRX	12 from	\$43,225	\$0.00	\$39,995	\$3,000.00	\$1,500.00
C100839	2010	CHEVROLET	1500 SILVERADO	35 from	\$28,495	\$6,000.00	\$17,936	\$3,000.00	\$1,500.00
C100477	2010	CHEVROLET	2500 SILVERADO	11 from	\$44,440	\$8,000.00	\$32,061	\$3,000.00	\$1,500.00
C100517	2010	CHEVROLET	3500 SILVERADO	1 at	\$74,890	\$8,000.00	\$58,636	\$3,000.00	\$1,500.00
C100974	2010	CHEVROLET	AVALANCHE	12 from	\$48.265	\$6,500.00	\$37,009	\$3,000.00	\$1,500.00
C100286	2010	CHEVROLET	AVEO	17 from	\$15,300	\$2,000.00	\$11,995	\$0.00	\$0.00
C100851	2010	CHEVROLET	CAMARO	9 from	\$30,105	\$0.00	\$27,903	\$750.00	\$1,500.00
C101091	2010	CHEVROLET	COBALT	177 from	\$17,310	\$4,300.00	\$12,488	\$0.00	\$0.00
C100392	2010	CHEVROLET	COLORADO	9 from	\$25,795	\$7,300.00	\$15,846	\$750.00	\$1,500.00
C100902	2010	CHEVROLET	CORVETTE	1 at	\$90.065	\$7,000.00	\$70,648	\$750.00	\$1,500.00
C100985	2010	CHEVROLET	EQUINOX	6 from	\$32,085	\$0.00	\$29,893	\$750.00	\$1,500.00
C100490	2010	CHEVROLET	HHR	6 from	\$23,820	\$1,500.00	\$19,695	\$750.00	\$1,500.00
C110010	2011	CHEVROLET	IMPALA	5 from	\$29.520	\$0.00	\$27,426	\$0.00	\$0.00
C100372	2010	CHEVROLET	1500	32 from	\$37,320	\$6,000.00	\$27,781	\$3,000.00	\$1,500.00
C110014	2011	CHEVROLET	MALIBU	12 from	\$26,390	\$0.00	\$25,057	\$0.00	\$0.00
C100842	2010	CHEVROLET	SUBURBAN	1 at	\$80,775	\$4,000.00	\$68,229	\$1,500.00	\$1,500.00
C101248	2010	CHEVROLET	TAHOE	1 at	\$75,470	\$6,000.00	\$61,579	\$1,500.00	\$1,500.00
C100919	2010	CHEVROLET	TRAVERSE	22 from	\$37,505	\$2,000.00	\$32,690	\$1,500.00	\$1,500.00
P100725	2010	GMC	1500 SIERRA	54 from	\$27,785	\$6,000.00	\$17,936	\$3,000.00	\$1,500.00
P110005	2011	GMC	2500 SIERRA	10 from	\$42,155	\$2,500.00	\$35,589	\$0.00	\$0.00
P100567	2010	GMC	ACADIA	10 from	\$39,905	\$2,000.00	\$34,860	\$1,500.00	\$1,500.00
P100218	2010	GMC	CANYON	9 from	\$25,385	\$7,300.00	\$15,646	\$750.00	\$1,500.00
P100733	2010	GMC	YUKON	4 from	\$71,855	\$4,000,00	\$60,177	\$1,500.00	\$1,500.00

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McCann reward fund launched

St. Albert Mayor Nolan Crouse announced a community-driven initiative to raise funds for a special reward for tips that lead to Lyle and Marie McCann and the arrest and conviction of whoever is responsible for their abduction.

"Someone knows where they are and our community is encouraging whoever that is to come forward," Crouse said.

"We're very optimistic that my parents are out there somewhere and that

The amount raised so far for the reward for information, \$10,000 of which came from an anonymous donor.

someone, somewhere, has information that will help us find them," added Brett McCann, the son of the missing couple.

ANDREAS MORSE



News in brief

Charges laid in officer assault

CRIME. Charges have been laid against two men who allegedly assaulted a correctional peace officer earlier this month.

The men, both inmates at the Calgary Remand Centre, are accused of assaulting the officer with a homemade bat.

Nathan Zuccherato, 23, and Randy Tuccaro have

been charged.

Prison still shut after stabbing

LOCKDOWN. Drumheller Institution remains on lockdown after an inmate was stabbed in the stomach on Friday.

Prison officials continue to search for a weapon and say they will re-open the site when they feel it's safe to do so.

The victim is in stable condition in hospital.

Criminal charges are pending. • METRO CALGARY



Dog's fate up in air following attack

In 2009, there were roughly 400 aggressive dog incidents reported in Calgary: City officials • On an international scale, city's incident numbers are low, they added



Investigations are underway to determine a Calgary dog's fate after the animal bit three people on Sunday.

Alphie, a year-and-a-half-old American Staffordshire, sent three family members from Pineridge to the hospital and now remains in lockdown at Animal Services while his fate is decided.

At this point, Greg Steinraths of Animal and Bylaw Services said the outcome is hard to predict — there's a chance Alphie could be returned to his owner, and there's a chance the dog could be put down.

'Ultimately, the decision will come down to public safety," said Steinraths. "We don't want a dog caus"Any dog, at any time, could bite. Owners must be in control of their dogs at all times." GREG STEINRATHS,

ANIMAL AND BYLAW SERVICES

ing threat or nuisance to

While the dog is held in quarantine until Aug. 25, an animal behaviour assessment will be performed and it will also be determined if a series of fines will be laid against the owner, Mark Travadi, who is unsure of what fate he'd prefer for the dog at this point.

Steinraths wants to remind Calgarian pet owners that such incidents are not breed-specific.





News on the move

- Download the free ScanLife application with your smartphone at 2dscan.com
- your smartphone to scan 2D
- The codes will direct your mobile m.metronews.ca

On the web at metronews.ca

\$50.000 fee meant massive profit for smugglers behind ship of Tamil migrants. Video at metronews.ca/ canada



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Couple stoned to death for adultery

Taliban militants stoned a young couple to death for adultery after they ran away from their families in northern Afghanistan, officials said yesterday.

Amnesty International said it was the first confirmed stoning in Afghanistan since the fall of Taliban rule in the 2001 U.S.-led invasion.

The Taliban-ordered killing comes at a time when international rights groups have raised worries that attempts to negotiate with the Taliban to bring peace to Afghanistan could mean a step backward for human rights in the country.

try.
This weekend's stoning appeared to arise from an affair between a married man and a single woman in Kunduz province's Dasht-e-Archi district.

The woman, Sadiqa, was 20 years old and engaged to another man, said the Kunduz provincial police chief, Gen. Abdul Raza Yaqoubi.

Her lover, 28-year-old Qayum, left his wife to run away with her, and the two had holed up in a friend's "It is against all human rights and conventions ... There was no court. It was cruel." KUNDUZ PROVINCE SPOKESMAN MABUBULLAH SAYEDI

house five days ago, said district government head Mohammad Ayub Aqyar.

They were discovered by Taliban operatives Sunday and stoned to death in front a crowd of about 150 men, Adyar said.

First the woman was brought out and stoned, then the man a half an hour later, Aqyar said.

He decried the punishment, which he said was ordered by two local Taliban commanders.

The ancient practice of death by stoning has been abandoned in all but a handful of countries. It is still a legal punishment in some countries, like Iran, which justify it under shariah, or Islamic law, although human rights activists say the Qur'an never specifically prescribed stoning for adultery. THE ASSOCIATED PRESS



Remembering the king

Elvis Presley fans continued the tradition of coming to Graceland, his Memphis home, on the anniversary of his death yesterday. Presley died of heart failure at the estate 33 years ago, on Aug. 16, 1977.



inside us

Study finds most Canadians have some bisphenol A in their systems
 88% have mercury concentrations, lead also present in many people

News in brief

Schools won't turn off Wi-Fi

ONTARIO. A school board north of Toronto is defending its decision to keep wireless Internet access in classrooms, despite fears from some parents that radiation from Wi-Fi transmissions is making kids sick.

There is no scientific or medical evidence to show children complaining about headaches, dizziness and nausea are being made ill by the Wi-Fi in their classrooms, the Simcoe County District School Board said yesterday.

The board will not turn off Wi-Fi access in schools this fall, despite the concerns of critics who say there's no evidence to prove radiation from wireless transmitters is safe for children as young as four.

There's no evidence to show Wi-Fi harms children, said the board's director of education, John Dance. THE CANADIAN PRESS

More scrutiny for drilling

WASHINGTON. The Obama administration announced yesterday it is requiring environmental reviews for all new deepwater oil drilling.

That means an end, at least for now, to the kind of exemptions that allowed BP to drill its blown-out well in the Gulf of Mexico with little scrutiny.

Shallow-water drilling will also be subjected to stricter environmental scrutiny under the new policy.

THE ASSOCIATED PRESS

It's found in soft plastic bottles and in the linings of tin cans — and probably in you, too.

Most Canadians have low levels of a chemical called bisphenol A in their bodies, a new federal study has found.

The Canadian Health Measures Survey, released Monday by Statistics Canada, says 91 per cent of Canadians aged six to 79 had bisphenol A in their urine.

The study, conducted between 2007 and 2009, analyzed blood and urine samples for indicators of more than 80 environmental contaminants and chemical substances.

Researchers also found the amount of lead in Canadians' blood has fallen dramatically since they were last measured 30 years ago, while most blood tests turned up detectable levels of mercury.

This is the first time bisphenol A concentrations have been measured nationally. The chemical has been used in water bottles, canned food linings and hundreds of other household items. Some scientists believe exposure to bisphenol A can harm the reproductive and nervous systems and possibly promote cancers. They point to dozens of animal studies, though the negative effects have not been recorded in human studies.

One expert said he wasn't overly worried by the findings.

"I don't think we should alarm the public that there's a huge problem there. I don't think there is," said Dr. John Giesy, a professor at the University of Saskatchewan and the Canada Research Chair in Environmental Toxicology.

"But, at the same time, all chemicals can be toxic. We know lead and mercury do cause effects at small levels, and we should always be prudent and we should always be vigilant."

The survey says those

The survey says those measured had a mean concentration of 1.16 micrograms per litre in their

Teens

The Canadian study found concentrations of BPA in urine were higher for children aged six to 11 than they were for adults aged 40 to 79. The study found the highest concentrations in teens.

Ban The federal
government has already
taken action to forbid the
sale in Canada of polycar-

urine. That's consistent with results from international studies, which have been reporting mean or median concentrations of one to three micrograms per litre.

"Lower household income, being born outside Canada, living in a dwelling at least 50 years old, current or former smoking, and drinking alcohol at least once a week were associated with higher (lead levels)," said the study.

"Although ... concentra-

bonate plastic baby bottles that contain bisphenol A. Many retailers had already pulled plastic water and baby bottles from their shelves before the government announced the ban in 2008.

Level Although everyone tested positive for lead, fewer than one per cent had concentrations at or above the intervention level of 10 micrograms per decilitre of blood.

tions have declined dramatically since the 1970s, socio-demographic characteristics, the age of dwellings, and certain lifestyle behaviours are associated with higher levels."

The study also found 88 per cent had detectable concentrations of mercury in their blood.

Mercury concentrations were lower for children and teens aged six to 19 than for adults aged 20 to 79

THE CANADIAN PRESS

Food shortage possible, says UN

Scale of disaster has overwhelmed authorities and led to fears of social unrest ● Hundreds of thousands are living in makeshift camps

For generations, the Indus River was a lifeline. Now it has turned destroyer, ripping up rice, wheat and sugar cane crops and leaving behind bloated corpses of cows and goats.

When the floodwaters recede, millions of farmers who used the Indus to irrigate their crops — and propel Pakistan's economy — face an uncertain future.

The United Nations warns that unless farmers in hard-hit Punjab and Sindh provinces manage to plant their winter crop of wheat in mid-September as normal, there might be food shortages in the region and the nation as a whole. In the north, where the floods began nearly three weeks ago, fruit



farmers are also hurting. Last year, cherries, peaches and apricots in the Swat Valley rotted on the trees because of an army operation against Taliban militants. This year, roads and bridges have been washed away so crops cannot be carried to the rest of the country.

THE ASSOCIATED PRESS

News in brief



One dies in plane crash

crash. A Boeing 737 jetliner carrying 131 people crashed in a thunderstorm and broke apart as it slid onto the runway on a Caribbean island yesterday. The region's governor said it was a miracle that only one person died.

Colombian Air Force
Col. David Barrero said officials were investigating
reports the plane had
been hit by lightning before crashing at 1:49 a.m.
local time on San Andres
Island, a resort area of
78,000 people about 120
miles east of the
Nicaraguan coast. He said
other possible causes

were being probed as well.

THE ASSOCIATED PRESS

Lightning hits religious school

sudan's state news agency says lightning has struck a religious school in the country's western Darfur region, killing seven children. The report quoted a local official as saying the children, between the ages of 10 and 13, were attending a Quranic school in the remote village of Sarguilla in southern Darfur. The building was of simple construction and had a thatched roof. THE ASSOCIATED PRESS

Dem blasts mosque plan

POLITICS. The U.S. Senate's top Democrat, Harry Reid, yesterday came out against plans to build a mosque near the site of the Sept. 11 terrorist attacks, moving away from U.S. President Barack Obama.

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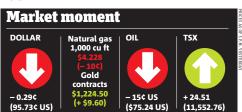
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China overtakes Japan as No. 2 GDP

Japan lost its place as the world's No. 2 economy to China in the second quarter as receding global growth sapped momentum and stunted a shaky recovery. Japan's nominal GDP,

which isn't adjusted for seasonal variations, was worth \$1,286 trillion in the April-to-June quarter compared with \$1.335 trillion for China.

THE ASSOCIATED PRESS



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HST blamed for housing slowdown

Sales peaked in 2009 on pent-up demand from the recession Ultra-low interest rates helped

Canadian homes sales activity last month was down 30 per cent from a year earlier — a decline driven largely by a widely expected slowdown following the introduction of a new tax regime in the once-hot markets of B C. and Ontario.

The Canadian Real Estate Association says the decline was almost entirely the result of fewer sales in British Columbia and Ontario, where the harmonized sales tax was implemented July 1, prompting many wouldbe buyers to push sales forward into the first half of the year.

THE CANADIAN PRESS

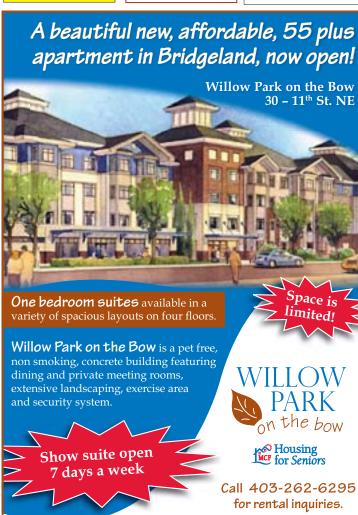
Home sales

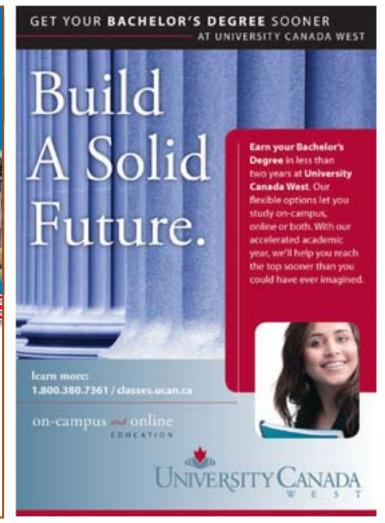
- British Columbia had the biggest dropoff at 14.1 per cent, followed by Ontario with an eight per cent decline. Sales in the Prairies and Quebec were on par with June levels.
- The Canadian Real Estate Association says the pace of decline was slower than in May and June — which followed an extremely busy period early this year.
- CREA says the average price of homes sold through the MLS was \$330,351, up one per cent from a year ago.



China destroys fakes

Chinese business administration officers destroyed Louis Vuitton handbags during a mass elimination of counterfeit Louis Vuitton products in southwest China's Chongqing city yesterday.







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TRENDY TURN-OFFS: A FASHION FIGHT



The other day, I found myself standing in my closet with a serious case of nothing-to-wear syndrome.

fter I had spent half an hour rummaging through an enormous pile of clothes, I eventually decided to throw on an old standby summer dress. I emerged from the closet in a fun, flirty (and maybe most importantly, forgiving) frock only to be met with unappreciative groans from my boyfriend who had been patiently waiting while I had my wardrobe-related melt-

"Couldn't you wear something a little tighter?" he asked, eyeing my flowy, empire waist garment. "That looks a lit-

Apparently, my testosteronefuelled roommate is not a fan of

comfort over curves. I decided to keep the dress on regardless; this was hardly the first time we had feuded over fashion.

Our most memorable clash was our war of words over the siren-red lipstick. I say sexy bombshell, he says un-kissable harlot. It seems most men do not appreciate puckering up to someone with an intensely pigmented mouth.

Why do men and women have such vastly different opinions on

our favourite items of clothing? I have to assume that guys don't really care about the clothes

"Why do men

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of clothing? I

have to assume

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really care about

the clothes

themselves."

themselves: they're more concerned with how we look in them. Figure trumps fashion, and so the trends that we find en vogue are often given a thumbs down by the men in our

Looking back, we've all made some style fauxpas at one point or another. In the '90s, my middleschool self had a

bad perm and an even more heinous collection of French

I guess I've always taken an experimental approach to fashion. This year alone I've dabbled in bold shoulder pads, floral hair bands, faux fur vests, clogs, pas-tel blue nail polish — hell, I even own a pair of jeggings. But more often than not these looks are met with an eyebrow raise from a partner who doesn't seem to appreciate my penchant for

achingly trendy items. So what fashion fad do men hate the most? UGGs. Yes, according to a recent study (and by that I mean an informal poll of my male friends and coworkers) these ubiquitously frumpy boots top the tragic trend list.

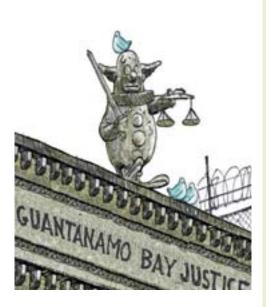
Sorry guys, but as long as there are mid-February snowstorms and icy sidewalks, you'll find us stomping through the slush in our hideously practical footwear.

Cartoon



Helmets great, laws aren't

More bikes, less pollution



OTTAWA. I am all in favour of using helmets when biking. They protect your noggin and are a good platform for bright reflective stickers.

But if a law discourages healthy activity, even casual cycling for errands and other trips, the gain in safety from accidents is less than the unhealthy effects of inactivity. Studies in Nova Scotia

and Australia and other places have recorded significant and large decreases in cycling when helmets were made mandatory for adults. In Europe, few cyclists wear helmets, but their injury and fatality rate is much

less than North America where a greater proportion wear helmets.

The more cyclists there are, the lower the accident rate is, so discouraging cycling actually increases the danger to the remaining cyclists. When helmet laws were introduced in Nova Scotia, there were fewer cy clists and a greater proportion wearing helmets

but just as many injured cyclists.

More cycling also means less air pollution and less wear and tear on the roads.

The biggest safety benefit of helmet laws is largely for kids.

I think the greatest danger comes from less cycling, not legislating bicycle helmets for adults. TOM TROTTIER

What's your favourite dessert? **Email** calgaryletters @metronews.ca

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Metro Minute on a dedicated bench

It's likely you've seen a dedication bench in Calthere are more than 800 of them have you enjoyed a sitdown on one lately?

These benches are special: They celebrate newborns, graduates, wedded couples, parents, families, and the memories of loved ones who have passed on.

"We are very proud of

our Bench Dedication Program which has been well subscribed to and appreciated by the Calgary Community," says the Parks Foundation's Myrna Dubé.

The Program, which began in 1991, is expanding to Nose Hill Park, accord-ing to Dubé. Newly designed benches will be available for purchase in the Fall. • BRETTE EHALT





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The first crop of Emmy presenters have been announced, and they represent some of the most popular and most nominated TV shows of the year. Nominees Matthew Morrison, January Jones, along with The Office creator Ricky Gervais will appear at the Aug. 29 ceremony. THE ASSOCIATED PRESS





Hennessy gets back to her musical roots

Many of the songs inspired by her unsettled family life across Canada



Twenty years ago Jill Hennessy, the popular Canadian actress, best known for her work in Law and Order and Crossing Jordan, used to earn her keep by stand-ing outside a Queen Street club in Toronto, strumming a guitar and singing for spare change.
At the time, Hennessy

hadn't really thought of acting. An audition for the Broadway musical, The

Buddy Holly Story, would eventually get her to New York and an enviable career as an actress.

Back then, her life centred around music and just getting the rent paid. During the past few years freed from the distractions of a hit TV show — Hennessy has been able to refocus her talents on music. The result is her debut album, Ghost in my Head.

Hennessy, 41, laughs when reminded of her busking career back in the early '90s: "Outside the Rivoli was where I used to play guitar for money. It will be such a luxury to actually play inside for money for the very first time."

Hennessy was born in Edmonton, but raised in several different cities in Canada as her family followed her salesman father from job to job — Calgary, then White Rock and Cranbrook in B.C., Burlington, Kitchener and Waterloo in Ontario. At the age of 18, she found herself living by herself in downtown Toronto and took to the

streets.

Through the influence of her parents' record collection, Hennessy's musical tastes were formed listen-ing to the songs of Joni Mitchell, James Taylor and Gordon Lightfoot. Her new album follows that '70s singer-songwriter tradition.

"They're songs that a lot of people can relate to," Hennessy says in an interview with Metro. "These are the images that have been haunting me for a very long time so I did find them necessary to put down.'

Canadian double threats

Beside Jill Hennessy there have been several other Canadian crossover actors/musicians. Here are some of the other noteable ones:

Alanis Morissette:

The Jagged Little Pill singer from Ottawa had the honour of playing God in Kevin Smith's Dogma and is a regular on Weeds.

Hugh Dillon: The lead singer of the '90s rock band the Headstones is now the star of Flashpoint and Durham County.

Drake: One of the hottest music stars in the world got his start playing Jimmy Brooks on Degrassi: The Next Generation.

Chris Jericho: The Winnipeg WWE star has recorded five CDs as singer for metal band Fozzy.

Alan Doyle: The Great Big Sea singer played Allan A'Dayle in Russell Crowe's recent Robin Hood.

Avril Lavigne: The punk princess of punk supplied the voice of Penny the Possum in Beyond the Hedge. Her possum dad was Star Trek's William Shatner.

William Shatner: In 1968, Capt. Kirk released the LP The Transformed Man with ridiculous spoken word versions of Lucy in the Sky with Diamonds and Hev. Mr. Tambourine Man. GRAHAM ROCKINGHAM

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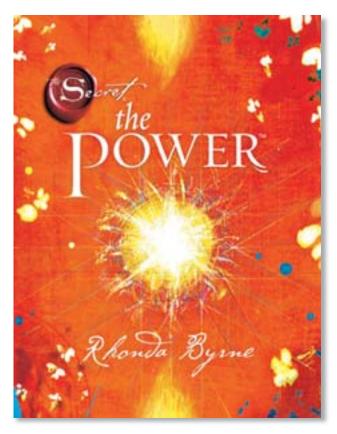
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Car wreck that is Mel's life gets a little too real

• Embattled actor crashes his expensive Maserati into a Malibu hillside

• Police claim Gibson unhurt, alcohol not suspected to be a factor

Mel Gibson was uninjured after crashing his sports car into a Malibu hillside, the California Highway Patrol said.

Gibson's 2008 Maserati careened off southbound Malibu Canyon Road on Sunday evening, the agency said.

Gibson's spokesman Alan Nierob said in an email the actor-director was doing fine.

The 54-year-old Academy Award winner was alone in the car. Authorities do not suspect alcohol was involved.

Gibson co-operated with the agency and was picked up from the scene by a friend. The CHP did not release any further details, and it was unclear how much damage Gibson's car sustained.

It's been a rough couple of months for Gibson, who is locked in a bitter custody dispute over his infant daughter with Russian singer Oksana Grigorieva. He also remained under investigation by the Los Angeles County Sheriff's Department for an alleged assault on Grigorieva earlier this year, although he has not been arrested and no charges have been filed.

Grigorieva, a fledgling singer and pianist, is also under investigation after Gibson accused her of attempting to extort him. She has denied the allegation.

The Ukranian-born beauty and the actor have a 9-month-old daughter.

THE ASSOCIATED PRESS





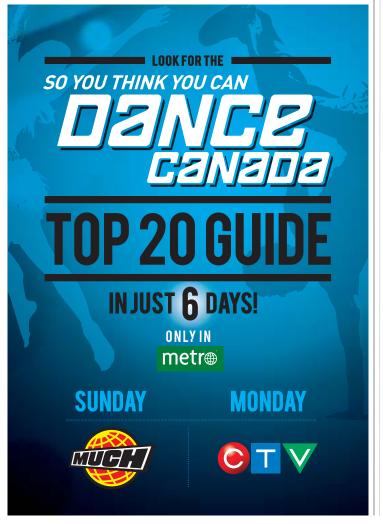
Delusion, interrupted

Lindsay Lohan's life in rehab isn't exactly an easy one, as sources tell TMZ nurses at the UCLA Medical Center facility are going hard on her to show they aren't playing favorites. The actress stays in a windowless room and watches TV through a pane of glass — and she's not allowed to change the channel herself. Says a source, who describes Lohan's stay as "full-on Girl, Interrupted treatment." Lohan, meanwhile, has re

3 The number rehab stays Lindsay's mother, Dina Lohan, would admit to Matt Lauer during their televised interview on Friday. The actual number is somewhere closer to four.

portedly taken to mentoring some of her fellow patients, writing inspirational notes and giving advice to younger women.

METRO WORLD NEWS



Side Dish

Neil Patrick Harris and his partner, David Burtka, will become parents of twins this fall. A representative for Harris confirmed in an email yesterday that Harris made the announcement in a posting on Twitter. He did not say whether they were adopting or using a surrogate.

2 Jennifer Aniston has replied to Bill O'Reilly's assertions that she's "destructive to society," according to People magazine. "Of course, many women dream of finding Prince Charming with fatherly instincts, but for those who've not yet found their Bill O'Reilly, I'm just glad science has provided a few other options," she said.

Two months after his divorce from Sandra Bullock was finalized, Jesse James may be moving on. The Monster Garage star was spotted sharing a cozy dinner with LA Ink star Kat Von D, according to People magazine. The sat close in a booth at a Las Vegas restaurant, holding hands toward the end of the meal, source say, adding that the pair left the restaurant hand-in-

METRO WORLD NEWS

Celebrity tweets



Parton
[@Dolly_
Parton]
Some of my

dreams are so big they would scare you!



Jamie Oliver [@jamie_ oliver] love

ly day in England, it's so beautiful in summer in this country



Spencer Pratt [@spencerpratt] is

thinking about you. No not you. YOU!



Silverman [@SarahK-Silverman]

nxious, needy cyber



Talking points

Jane's marriage Hung, over

NEXTI. After separating and reconciling last year, Patricia Arquette and Hung star Thomas Jane are getting a divorce, according to People magazine. "The split is completely amicable and their prime focus is their daughter," Jane's rep tells the magazine.

Katy's drunken performance

ROLE MODEL. YOU'RE DO-ING IT WRONG. Katy Perry gave a group of Australian teens a thrill when she crashed a high school dance at a Melbourne hotel, attracted by the DJ playing her hit California Gurls, according to Radar Online. Perry reportedly grabbed a microphone and started singing along. "She appeared slightly drunk and was stumbling a little," a student tells the website. "She was dancing and laughing with students until the end of the song when she was subtly whisked away by her security guards." • metro world



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life

Need to know



Organ donors:

A new poll suggests that most Canadians strongly support both organ and tissue donation for transplantation, but many are confused about how to consent to be donors them selves. Find out more at donation.ca



Offspring of sperm donors in the U.S. are seeking changes so they can find their fathers more easily



HERZ WELLNESS@METRONEWS.CA

Used to be, a guy could hit the gym with nothing more than an old pair of Keds, a ratty T-shirt and a can of Axe.

The pared-down aesthetic is timeless for guys, but even unmetrosexual men can benefit from a few gym-bag perks.

A little too enthusiastic with the deadlifts? Get some heat on those aching muscles with IR Watkins liniment (\$11.99, Shoppers Drug Mart) containing camphor and capsicum, which calm pain by muting the

"screams" of your poor, stressed nerve endings.

Body Shop De-Deodorant oDrv Stick in Cool & (\$8, The Zesty Body Shop), uses natural volcanic mineral to absorb water and

keep you dry for 24 hours. As a bonus, it's crisp and clean, not like those generic, industry-standard scents that all smell like teenage all body spray.

separate shampoo and wash? body That's not going to happen -

many bottles. Gillette Gentle Clean Shampoo and Body Wash 2-in-1 (\$6, drugstores) gives you clean hair and a clean body. Simple.

Stash these miniature deodorizers (Sneaker Balls \$6, Sport Chek) in the bottom of your gym bag or slip them into

> vour shoes after workout. The tiny soccer balls will keep bad

smells at bay long after your World Cup-sized workout is over.

Buy a Bodylogix product and vou'll also receive a PIN code for online access to trainers and nutritionists who'll create customized workout and diet

plans to meet vour goals. Bodylogix Thermogenesis capsules (\$30, exclusive to Shoppers Drug Mart) accelerate fat-burning to help you get the most out of your workout.

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fabric for the Tilley Out-T-shirt last (\$49, tilley.com) was designed by NASA to stay when you heat up.

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Do you want statin on that burger?



MILNE WELLNESS@METRONEWS.CA

A doctor in the U.K. is suggesting fast food outlets provide statin drugs with their hamburgers.

The idea does have some logic behind it. Hamburgers, French fries and onion rings are known to increase the bad LDL cho lesterol circulating in our bloodstreams. Statin drugs are known to reduce bad cholesterol. But, hey, what about avoiding that fast food meal altogether?

Dr. Darrel Frances from the Imperial College in London argues that it's tough to get people to stop eating hamburgers, so why



not reduce their heart disease risk by having statins readily available? The pills could be an optional condiment, he says..

colleagues found in a study that being on a statin drug neutralizes the effect of eating badly. "We've worked out that in terms of your likelihood of having a heart attack, taking a statin can reduce your risk to more or less the same degree as a fast food meal increases it," he reports.

How to cater to everyone



It's pretty typical these days to have a mixed crowd at your dinner party with many different tastes and needs. But fear not, you can still throw a fabulous, down-home dinner party to please everyone.

"The idea is to have a menu that is diverse enough to appeal to all parties," says Corbin Tomaszeski, co-host of Dinner Party Wars, which premieres Sept. 1 at 9 p.m. on the Food Network Canada. For hosting your own dinner party, he suggests starting with old-time favourites such as pasta, rice or classic Italian risotto dishes and adding meat or fish for the carnivores.

For vegetarians, try bean cassoulet or vegetable ragout, suggests Tomaszeski, who is also the executive chef at Toronto's fashionable Holts Café (Holt Renfrew). Keep it fresh for everyone — including those who are dieting or including cleansing - with soups and stews, salads, and chopped vegetables. Avoid shellfish and nuts, so that those with allergies can share the fare. "The trick is to prepare a dish without reinventing it but that can be modular for all guests with dietary restrictions or



For the vegan...

This quinoa salad is perfect to be served to vegan and health conscious eaters.

Gently toss all ingredients together in a medium sized bowl. Line a large platter with whole leaves

of your favourite lettuce. Place the mixed quinoa salad on the lined platter and garnish with fresh basil cress.

Serve immediately and enjoy.

Ingredients:

- 2 whole raw rapini cut into 1-inch pieces
- 4 raw green beans
- sliced in half lengthwise • 4 raw purple beans
- sliced in half lengthwise
- 4 raw yellow beans sliced in half lengthwise
- 6 yellow tear drop tomatoes — halved
- 6 red cherry tomatoes halved
- 1/2 clove garlic minced
- 1 cup quinoa cooked
- Salt and Pepper to taste
- 4-6 tbsp.roasted-tomato

- 2 cups whole arugula leaves

Roasted Tomato Vinaigrette:

- 8 halves of roasted plum
- tomato skinned and seeded
- 1 garlic clove minced
- 1 tsp. Dijon mustard
- 1-2 tsp. balsamic vinegar • 1-2 tsp. red wine vinegar
- ¼ cup extra virgin olive oil
- salt and pepper to taste
- Combine all ingredients in
- a blender and purée until smooth. Pass through a

sieve and chill until use.

It's not easy being an organic wine

Liquid Assets



It's not that easy being green when it comes to organic wines. As a winemaker you not only have to be committed to meeting some pretty strict guidelines to become a certified organic producer; you then have to convince consumers that you're not short-changing them when it comes to flavour.

While I've sipped my fair share of organic wines that tasted like licking a manure pile; the quality and selection of organic juice available today has

never been better. In fact, with most I'd bet you'd never even know you were drinking a wine that was made without chemical intervention in the vineyard.

Bonterra Vineyards in California's Mendocino County has been making wine with organically grown grapes since the early 1990s. Its 2008 Chardonnay (\$18.95 - \$21.36) is all about bright citrusy flavours with just a touch of oak, while its 2007 Cabernet Sauvignon (\$19.95 - \$21.99) shows off big, ripe berry fruit. Prices reflect the range across the country. Some products may not be available in all provinces.





SPARKS FLY AT REUNION DINNER



How We Met: Malisa & Tommy

Names: Malisa, 25, and Tommy, 27

Hometown: Toronto Together since: 2005

Their story:

"Tommy and I (Malisa) first met at a restaurant near our schools in 1998; I was 13 and he was 15. We both happened to order the same lunch at the same

"We laughed it off and started chatting. There were some sparks at the time, and we dated for a bit, but we both agreed we were too young for anything serious, so we drifted apart. Seven years later, in March 2005, we went out for a casual dinner and those sparks started flying again! We moved in together just a few weeks later, and have been inseparable ever since.

"Tommy came back into my life at the perfect time, as my mother passed away to cancer shortly thereafter in July of that year. It was definitely a difficult time for me. We both realized how much we've been through together, and we could not imagine our lives without each other.

"In 2008, Tommy proposed with my mother's engagement ring, which she'd given him before her passing. We're happier than ever and are so excited about our wedding in summer 2012!"

FOR MORE HOW WE MET STORIES, GO TO 2FORCOUPLES.COM

Divorce, dish, sell

• The popular divorce memoir Eat, Pray, Love has plenty of company

Maybe you were inspired by Elizabeth Gilbert's post-divorce mission to find herself (and, incidentally, a hot new boyfriend) in Eat, Pray, Love, her 2006 memoir chronicling her "search for everything across Italy, India and Indonesia." Maybe it turned you into a spiteful, hungry atheist. Doesn't matter: Not only did her book sell millions of copies, but its film adaptation opens this Friday starring none other than Julia Roberts.

Why do we want to know, and why do they want to tell? We hit up other divorce memoir writers — there were, maybe not surprisingly, plenty to choose from — for answers.

MONICA WEYMOUTH



Every story is different

Stacy Morrison decided to write
Falling Apart in One Piece after being surrounded by women at cocktail parties who were curious about her divorce — and it wasn't exactly a simple story to tell. "The goal was to say 'Here's what it looks like,'" she says.

"I think it's funny, and more than a little f—ed up, that we always think there's a rat bastard."

Most people need practical advice

Although Jessica Bram calls Gilbert an "amazing writer," it didn't resonate with her experi-

her experience as a mother of three who had long been out of the dating pool and work. Her book, Happily Ever After Divorce: Notes of a Joyful Journey speaks to those who don't have a year to go on vacation. "Most people have more things to worry about," she says. "This is the book I wish I had when I was going through my divorce."

It's good for a couple of laughs

For Sascha Rothchild, finding the humor in her divorce helped her and also led to her book, How to Get Divorced by 30.

Universal scooped up the film rights and she's happy to show the more lighthearted side of what

of what plenty of couples go through: "You don't have to go find yourself in Italy," she says. "In the '40s and '50s, there were all these fantastic, funny divorce movies: His Girl Friday, The Awful Truth. It's weird — now it has to be this sad, horrible thing."





Your security questions got you stumped?

If you rely on your memory for online or phone financial access, you might soon be caught on hold with a call centre

ON MONEY

ALISON GRIFFITHS MONEY@METRONEWS.CA



I'm a big fan keeping things simple but it isn't easy in this complicated financial

world. A typical family has multiple credit cards, debit cards, loans, investment accounts (RRSP, RESP, TFSA, RRIF) and often non-registered accounts as well.

Add to that a raft of bills from utilities to cell phones and it's a staggering number of client IDs, PINs and passwords to remember.

A few years ago, when I logged on to my bank account from my husband's computer, I was asked a series of security questions "for my own protection." I've had the account for years and for the life of me I couldn't remember the answers to the questions I'd posed way back when. After three incorrect answers I was shut out.

A vast number of my financial activities are controlled through account and I was paralyzed for two days, during which I hoped the bank computer would simply "forget" I'd already struck out. No such luck. Finally, I summoned the fortitude to enter the dreaded call centre queue.

Fortunately, I had recorded my telephone pin on what I call a Financial Bomb Shelter — a spreadsheet of my cyber and telephone life. Lesson learned. I went back into each account and recorded all my security questions on the spreadsheet. Keep your Financial Bomb Shelter safe and it will keep you safe.

Interest rates/ Savings accounts BMO 1.250%

1.50%

1.10%

1.0%

1.25%

2.0%

fund managers, for example, avoid businesses involved in tobacco, alcohol, gambling and the development of weaponry. "Green" investing focuses weaponry. on environmental protec-

If you're interested in SRI, examine your values and use one of following three approaches: Divest your interests out of an unethical situation; screen out certain investments and avoid including them in your portfolio altogether; and/or become a shareholder activist to produce change through advocacy and shareholder voting rights. Professional money managers will employ similar strategies on your behalf, and you pay management fees. Check out socialinvestment.ca



INVEST RESPONSIB

investment choices can make a difference. South African

Apartheid, an unethical system of legal racial segregation, was dismantled in the 1990s in part because socially responsible outside investors, companies and pension funds, divested their financial interests in the

country until political changes were made.

Socially responsible investing (SRI) encompasses the protection of people, health, environment, and human rights. Typically it means avoiding investing in companies involved in things like environmental degradation, endangering public health and well-being and human rights abuses.

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sports

The connection









No rest for coach of league's best

Stamps' Hufnagel to use bye week to prepare for meat of 2010 schedule

Calgary Stampeders head coach and general manager John Hufnagel plans to fishing during his team's bye week, but only for about a day. His team is atop the CFL

standings, with a 6-1 record, but staying ahead of the pack requires constant micromanagement and analysis.

"One nice thing about technology is you can take your computer and do the work you need to do," Hufnagel said yesterday, before gathering his fishing

"What we'll do this week is self-scout ourselves offensively, defensively and on special teams and find out what we're doing well and how to improve what we don't do

The Stampeders reconvene Sunday with their next game Aug. 27 against the B.C. Lions in Vancouver. Just over a third of the way into the 2010 season, the Stamps are off to their best start in a decade and also their best start under Hufnagel since he was hired in December, 2007.

Calgary's next eight games will be the tell-tale of their season, however, as six are against West Division opponents and the other two are against the Montreal Alouettes (5-2).

Experience, execution and little bit of luck got the Stampeders to 6-1, Hufnagel said.

One of the reasons we've had a good start is



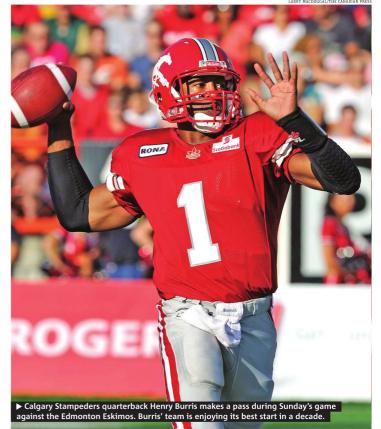
"We've had good fortune. We've been relatively healthy ... We found ways to win close games in the fourth quarter."

JIM HUFNAGEL, STAMPS COACH/GM

this is the third year of the core being here," Hufnagel said. "Yes, there is always change in the off-season, but the coaching staff core, the players, they know what to expect. They're a little bit more tuned into what we try to accomplish in the three phases of our game."

It's rare that a CFL team is healthy enough to field identical lineups two weeks in a row, as Calgary did in Sunday's 56-15 shellacking of the Edmonton Eskimos.

Calgary's defence is the stingiest in the CFL. The offensive line was a major question mark to start the season, but has given up the fewest sacks in the CFL with 12. Receiver Ken-yon Rambo has returned to form after a long layoff from injury. The unexpected return of offensive lineman Dimitri Tsoumpas from the NFL is also on Hufnagel's list of pleasant surprises so far this season. THE CANADIAN PRESS



Ugly incidents

The CFL will review the late-game incidents that occurred in the Calgary Stampeders' win over the Edmonton Eskimos on Sunday for possible disciplinary action.

Edmonton receiver

Tremayne Kirkland was downed after a catch when Calgary defensive lineman Mike Labinjo and Eskimos' receiver Andre Talbot went over him. A melee ensued when Kirkland got up and started swinging. Labinjo, who contended Talbot grabbed his facemask after the play, appeared to drop his knee on Kirkland.

- Later, Edmonton's Kai Ellis hit Calary receiver Jabari Arthur with blows to the head instead of trying to tackle him.
- Calgary's Miguel Robede was sent off the field for rough play although that incident seemed to start when he was shoved by Edmonton offensive lineman Aaron Fiacconi.



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Wozniak falls at Rogers Cup

• Quebec native loses in first round for second straight year • Failed to capitalize on opponent's erratic serve

The Rogers Cup has lost its top-ranked Canadian as local favourite Aleksandra Wozniak of Blainville, Que, fell in straight sets 6-3, 6-2 to Timea Bacsinszky of Switzerland in front of a strong centre-court crowd at Uniprix Stadium last night in Montreal.

Bacsinszky's serve was erratic with a first-serve percentage of only 39 per cent, but Wozniak was unable to take advantage.

Wozniak started well with three service winners and an ace in the opening game, but her game began to go downhill when Bacsinszky broke her serve to go ahead 2-1 in the first set.

Wozniak wasted a break point opportunity in the subsequent game and then double faulted twice to hand Bacsinszky another break for a 4-1 lead.



It was the same pattern in the second set as Bacsinszky got a break to go ahead 3-1 and never looked back, winning in straight sets in a swift 64 minutes. It was only Wozniak's

It was only Wozniak's second tournament since losing to Jelena Jankovic in the second round at Wimbledon in Iune.

THE CANADIAN PRESS

Other results

- Eve Pelletier of Repentigny, Que., and Toronto's Sharon Fichman fell 6-3, 7-5 to Daniela Hantuchova and Caroline Wozniacki. Heidi El Tabakh of Oakville, Ont., and Vancouver's Rebecca Marino also lost their first round match 6-2, 6-1 to the sixth-seeded team of Yung-Jan Chan and Jie Zheng.
- Upset The tournament had its first upset as 14th seed Shahar Peer of Israel lost in straight sets to Estonia's Kaia Kenepi 6-3, 6-3.
- ➤ Close call Crowd favourite Aravane Rezai of France was nearly ousted as well, but the 16th seed recovered in time to defeat Petra Kvitova of the Czech Republic 6-7 (1), 7-5, 6-3 to the delight of centre-court fans.



Back to the bush league

Jose Canseco has signed a contract with an independent minor league team in south Texas. The 46-year-old Canseco was introduced yesterday as a member of the Laredo Broncos — one of six teams in the United Baseball League. Canseco, a former Blue Jay, says he'll play designated hitter, serve as a bench coach and pitch for the team. He'll play in Laredo's remaining six home games this season.

Sports in brief

K-Rod out for rest of season

MLB. Mets closer Francisco Rodriguez has a torn ligament in his pitching hand sustained during a fight that will sideline him for the rest of the

THE ASSOCIATED PRESS



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Crossword

1 Elderly 5 Bookkeeper (Abbr.) 8 Smog 12 Kill 13 Scepter 14 Yale grads 15 Comment before an attempt 17 "Phooey!" 18 Longing 19 Deterioration 20 Spooky 21 Catch some rays 22 Lingerie item 23 Suspicious 26 Drank 30 Hint 31 Jewel 32 Ripped 33 Worked in retail. maybe 35 Drive off 36 Conger, e.g 37 Support-ing 38 Muscular 41 Caribbean, for one 42 Carte lead-in

- 45 -European 46 Electronic musical instrument 48 Finished 49 Have a bug 50 "So be it"
- 51 "Auld Lang --" 52 Petrol 53 Parks of civil rights fame Down
- 1 Wan 2 High school-based Fox show 3 Deserve
- 4 Prepare Easter eggs
- with "the" 9 Winged 10 Tubular pasta 11 Being, to Brutus 16 CSA uniform colour 20 Mound stat 21 So 22 Mooch 23 TV watchdog org. 24 Under the weather 25 Seek damages

26 Proof abbr.

6 Versifier

7 Billboards

8 Heaven, perhaps,

12 14 15 16 17 18 19 20 22 23 24 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 45 47 46 48 49 50 52 5 Sing a la Bing 27 Dandy

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Sudoku

	9				6	1	3	
		7					2	9
				8		4		5
			4	3				1
	1						9	
7				2	9			
3		6		5				
2	5					3		
	8	4	6				1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

TODAY

Max 20°

Min 11

Yes	0.00	500	 2011	IOF	_

look at the weather

TUESDAY

Min 9°
Max 27°

1	9	0	4	0	4	0	1	0
4	8	2	7	9	5	1	6	3
3	7	5	6	8	1	4	2	9
6	4	8	9	7	2	3	5	1
9	2	1	3	5	6	7	4	8
7	5	3	4	1	8	6	9	2
8	1	4	5	2	7	9	3	6
2	3	7	8	6	9	5	1	4
5	6	9	1	4	3	2	8	7

WEDNESDAY

Min 11° Max 25°

1 0 6 2 2 4 9 7 5

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Vani, I would do absolutely anything for you my da..You are a blessing in my life. Happy Birthday!!! JESON

Happy 20th Birthday to the best daughter in the world! We are very proud of you Anisa. May all your hopes & dreams come true. Ameen* LOVE MOM, DAD & AHMED

To my darling Vicky. You are my sexy lady. Can't wait to see you for your birthday! LOVE IOEY!

The day I met you, I knew we were meant to be. Ty, you mean the world to me. Happy 9 Month!!! I love you always:) LOVE, LORE

Lorena, you are the greatest thing that has ever happened to me. The past 2 years with you have been amazing and I look forward to many more by your side. I love you so very much. forever and ever sweetie. DRE B.

Today's horoscope

T Aries March 21-April 20 You cannot afford to make enemies today. If others get angry with you, for whatever reason, don't get angry back. Stay calm and refuse to make an issue of it.

¥ Taurus April 21-May 21 You seem to be expending a lot of energy and a lot of emotion on something that simply isn't that important. It's time to get over it, and also let others know that from here on in they are on their own.

II Gemini May 22-June 21 Cosmic activity in your chart means there is nothing you cannot do if you want it enough, but that is not an invitation to go out and do everything. It's about quality, not quantity

Gancer June 22-July 22 Your family may mean everything to you but you don't have to put them first all the time. If you devote all your energy to domestic issues today you will soon become irritable.

28 Before

34 Crucial

35 Bellow

37 Senses

40 Paradise

46 Label

47 Corn spike

29 East Coast st.

31 Toothpaste type

38 Resumes, for short

39 A deadly sin

41 Actor LaBeouf

42 Bullets and such

43 Tells a whopper 44 Actress Paquin

Ω Leo July 23-Aug.23 You are always impatient with people who think and act slowly, the kind of people who can never seem to make a decision. But don't get so impatient today that you say or do something you might later regret.

TV Virgo Aug. 24- Sept. 22 You may be desperate to break out of a rut but if you make your move now you could find yourself in an even worse position than before, Be patient, Better times are coming.

← Libra Sept. 23-Oct. 23 If you risk everything now you may regret it later in the week. What's the big rush? Believe it

or not time is still very much

For today's crossword answers and for expanded horoscopes, go to metronews.ca

on your side. M Scorpio Oct. 24-Nov. 22

Your main aim today must be to stand back and see what is going on in the world from a wider perspective, because only from a distance will you be able to tell what is fact and what is fiction.

→ Sagittarius

Nov. 23-Dec. 21 Your confidence is high but be careful because the line between self-belief and reckless behaviour can be so easy to cross. Think twice today before doing anything that might provoke an extreme reaction.

り Capricorn Dec. 22-Jan. 20

Don't sit around waiting for opportunities to come your way - get into the world and start making things happen.

Aquarius Jan. 21-Feb. 18 Planetary activity will give you the decisiveness you need to get things done, along with the ability to make others feel good by saying the all right things. A winning combina-

H Pisces Feb. 19-March 20 By all means speak your mind today but speak it in such a way that you don't risk making enemies of people who disagree with your views. Life is too short to waste time on arguments neither side can win. SALLY BROMPTON

Andrew Schultz, Meteorologist "I get to spread the word

on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 6AM





You WIN! write it! Write a funny cap

tion for the image to the right and send it to play@metronews.ca the winning caption will be published in tomorrow's Metro



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